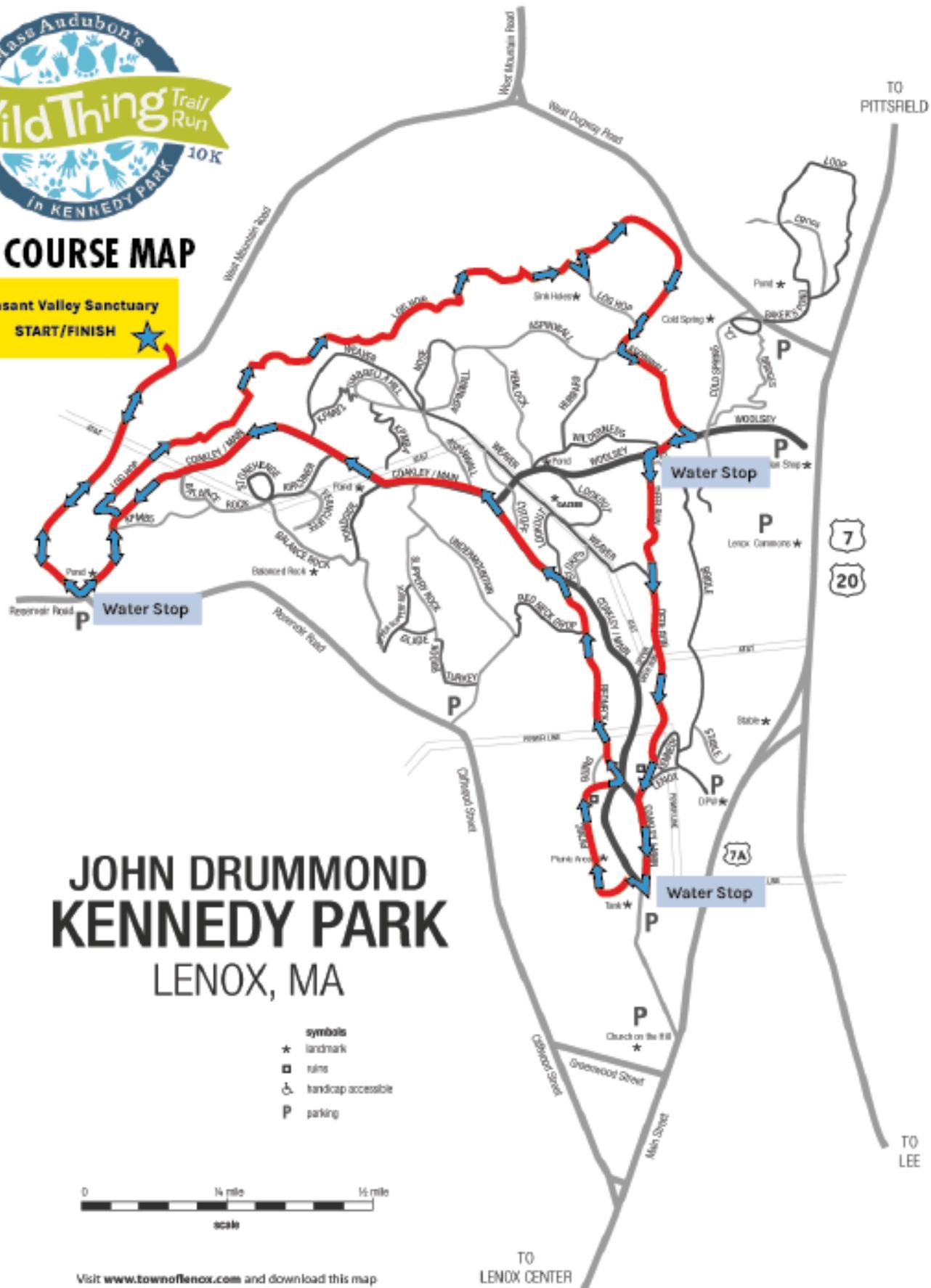




# 10K COURSE MAP

Pleasant Valley Sanctuary  
**START/FINISH** ★



## JOHN DRUMMOND KENNEDY PARK LENOX, MA

- symbols**
- ★ landmark
  - rains
  - ♿ handicap accessible
  - P parking



Visit [www.townoflenox.com](http://www.townoflenox.com) and download this map

TO  
 LENOX CENTER

TO  
 PITTSFIELD

TO  
 LEE

## **Wild Thing 10K Directions**

- Start at the entrance to Pleasant Valley Wildlife Sanctuary.
- Head southwest for 1/2 mile on West Mountain Rd. toward Reservoir Rd.
- Bear left onto Reservoir Rd. Turn left after the pond (look for purple fire hydrant) onto the trail into Kennedy Park.
- Turn left onto Lop Hop Trail (singletrack) for approx. 1 mile.
- Turn left at Acorn Trail, which loops to intersect with Aspinwall Trail.
- Turn left onto Aspinwall.
- Take a right on Woolsey and then a quick left onto Deer Run.
- Continue on Deer Run to Coakley/Main intersection.
- Stay left on Coakley/Main.
- Just before the parking area turn right onto Picnic to the picnic view area.
- Continue past the picnic area onto Redneck Trail.
- Merge with Coakley/Main.
- Follow Coakley/Main back to Kennedy Park entrance on Reservoir Rd.
- Turn right on Reservoir Rd. and right on West Mountain Rd. to head back to Pleasant Valley to finish.