



Wildwood Camp General Packing List

For Overnight Camp, Environmental Leadership Program, and CIT

This is a recommended list of clothing and equipment for a **2-week session**. Quantities for a 1-week session follow in parentheses, if different.

Campers attending consecutive sessions and staying at camp for Intersession should pack for a 2-week session. Make additions you feel will be appropriate for your camper's comfort but remember that storage space is limited. **Label all items with your camper's first and last names**, using permanent marker or nametapes.

Campers should plan to wear and/or carry starred items with them daily. This checklist can be put in luggage to remind campers what to pack at the end of camp!

Clothing

- 14 (7) pairs underwear
- 14 (7) pairs socks, at least 2 (1) pairs wool
- 1 lightweight long underwear shirt
- 7 (4) short sleeve shirts or T-shirts
- 2 (1) long sleeve shirts
- 1 sweatshirt
- 7 (3) pairs shorts
- 3 (2) pairs long pants (jeans, sweatpants, etc.)
- white cotton item(s) to tie-dye
- wool sweater or fleece jacket (avoid cotton)
- wool or fleece hat
- baseball cap or other hat with a wide brim (for sun protection)
- 2 pairs of pajamas (for warm and cool weather)
- bathing suit (if a 2-piece bathing suit, must be appropriate for active water enjoyment)
- water shoes/sport sandals with a heel strap, for ponding and boating
- sturdy shoes or hiking boots for hiking (be sure to break these in prior to camp!)
- *sneakers/athletic shoes**
- *rain jacket with hood or rain hat; rain pants are optional** (A hoodie is not a rain jacket!)

Toiletries

- toothbrush, toothpaste, dental floss
- shampoo, conditioner
- soap (in a container)
- deodorant
- hairbrush and/or comb
- orthodontic devices
- eyeglasses or contact lenses with supplies
- insect repellent
- tampons or pads (if applicable)
- medications (prescription and non-prescription, including creams, etc.) All medications must be given to the nurse upon arrival at camp.
- lip balm (SPF 30 or higher)
- *sunscreen/sunblock (SPF 30 or higher), enough to apply several times daily**

Bedding and Linens

- sleeping bag
- pillow with pillowcase
- twin-sized fitted sheet (to cover mattress)
- extra sheet or light blanket
- 2 (1) bath towels
- 2 (1) washcloths
- beach towel
- laundry bag
- Sleeping/ground pad (especially for two-week sessions that include an overnight)

Optional Items

- writing materials (stationery, stamps, pens/pencils, journal, etc.)
- reading material
- camera (and film, batteries, or charger, if needed)
- field guides
- binoculars
- sunglasses (if your camper likes to wear them)

Equipment

- plastic storage box or suitcase/duffle under 10-12" high (to fit under bunk; linens, pillows, sleeping bags, etc., may be packed in a separate bag)
- plastic bag for damp items coming home
- small flashlight/headlamp and spare batteries
- mesh bag or plastic bucket/basket for shower supplies
- bandana
- *medium-sized backpack/bag to carry daily (a school backpack is appropriate)**
- *one-liter water bottle or canteen (Dillard/Abbey campers and ELPs should have two!)**

Additional Packing Information

Please label all clothing, equipment, and luggage clearly with permanent marker or nametapes. Use first and last names when labeling – initials are often not enough to determine an owner! Wildwood is not responsible for lost, damaged, or missing items. Staff will make every effort to return items that are clearly marked with the owner's name. We will charge families for postage on items sent back.

We ask that clothing brought to camp be reasonably modest in style and cut, and that any graphics or messages on clothing be tasteful and responsible. Designer clothing is not recommended. Clothing and reading material with alcohol or tobacco ads, double entendre, or offensive or violent pictures should be left at home. We strive for a community that is peaceful and safe for all campers and staff and removed from some of the distractions and busy-ness of everyday life. As a result, there are some items that may be a part of participants' lives at home or school that may not be brought to camp.

So that they are prepared for all camp activities and changing weather, each camper should always carry a backpack containing a rain jacket, a water bottle and should wear (or carry) closed-toe shoes with socks.

Prohibited Items

Bringing any of the first two items will result in the camper's immediate dismissal.

- ⊗ **Weapons of any kind; pocketknives, fireworks, lighters, or matches**
- ⊗ **Tobacco products, alcohol, illegal drugs**
- ⊗ Food, candy, chewing gum, soda (except as pre-approved for special diets)
- ⊗ Music/DVD/video game players, TVs, tablets, or other electronics
- ⊗ Inappropriate reading material
- ⊗ Cellular phones
- ⊗ High-heeled shoes or shoes without a heel strap (except shower shoes)
- ⊗ Short skirts or dresses, strapless tops, low-cut or revealing clothing
- ⊗ Hair dryers, curling/straightening irons
- ⊗ Hairspray, cosmetics, perfume, scented body spray
- ⊗ Valuable items (expensive cameras or expensive binoculars, jewelry, etc.)
- ⊗ Pets or other animals
- ⊗ Sports equipment, like bats, sticks, or other items that require special training for safe use
- ⊗ Vehicles, bicycles, or boats